

## WEEK 1

W/C 01/09, 22/09, 13/10, 10/11,  
01/12

### Monday

Pork Sausages  
Vegetarian Sausage (V)  
Served with Mashed Potato,  
Garden Peas, Carrots  
Tomato Pasta  
Lemon Sponge served & Custard

### Tuesday

Homemade Beef Lasagne  
Vegetarian Lasagne (V)  
Served with Sweetcorn,  
Mixed Garden Salad, Diced Herby Potatoes  
Jacket Potato with Cheese, Beans or Tuna  
Shortbread Finger with Fruit Wedges

### Wednesday

Roast Chicken with Gravy  
Vegetarian Mince & Onion Pie (V)  
Served with Roast Potatoes,  
Green Beans, Carrots  
Tomato Pasta  
Iced Chocolate Sponge

### Thursday

Mild Beef Chilli Con Carne  
Vegetable Enchilada (V)  
Served with Fluffy Rice, Sweetcorn, Broccoli  
Jacket Potato with Cheese, Beans or Tuna  
Apple Crumble & Custard

### Friday

Fish Fingers & Tomato Ketchup  
Cheese & Tomato Pizza (V)  
Served with Oven Chips,  
Garden Peas, Baked Beans  
Tomato Pasta  
Famous Fruity Friday

## WEEK 2

W/C 08/09, 29/09, 20/10,  
17/11, 08/12

### Monday

Beef Burger in a Bun  
Cheese & Tomato Pinwheel (V)  
Served with Roasted Potato Wedges,  
Mixed Garden Salad, Coleslaw  
Tomato Pasta  
Jam Sponge

### Tuesday

BBQ Chicken  
Chickpea & Vegetable Biryani (V)  
Served with Fluffy Rice, Garden Peas,  
Broccoli  
Jacket Potato with Cheese, Beans or Tuna  
Mini Sultana Oat Cookie with Fruit Slices

### Wednesday

Roast Turkey with Gravy  
Vegan Quorn Sausage (V)  
Served with Roast Potatoes,  
Green Beans, Carrots  
Tomato Pasta  
Pineapple Upside Down Cake  
with Custard

### Thursday

Chicken Wrap  
Cheese & Tomato Pizza (V)  
Served with Roasted Potato Wedges,  
Sweetcorn, Mixed Garden Salad  
Jacket Potato with Cheese, Beans or Tuna  
Chocolate Brownie

### Friday

Fish Fingers or Salmon Fish Fingers  
& Tomato Ketchup  
BBQ Vegetable & Bean Wrap (V)  
Served with Oven Chips,  
Garden Peas, Baked Beans  
Tomato Pasta  
Famous Fruity Friday

## WEEK 3

W/C 15/09, 06/10, 03/11, 24/11,  
15/12

### Monday

Cheese, Tomato & Ham Pizza  
Mixed Bean Fajita (V)  
Served with Roasted Potato Wedges, Mixed  
Garden Salad, Coleslaw  
Tomato Pasta  
Shortbread

### Tuesday

Mexican Chicken & Rice  
Macaroni Cheese (V)  
Served with Warm Baguette,  
Garden Peas, Broccoli  
Jacket Potato with Cheese, Beans or Tuna  
Chocolate Sponge with Custard

### Wednesday

Roast Gammon with Gravy  
Roast Quorn Fillet with Gravy (V)  
Served with Mashed Potato,  
Carrots, Green Beans  
Tomato Pasta  
Banana Home Bake

### Thursday

Pasta Bolognaise  
Vegetarian Chilli & Rice (V)  
Served with Bread,  
Sweetcorn, Broccoli  
Jacket Potato with Cheese, Beans or Tuna  
Chocolate Cookie

### Friday

Fish Fingers & Tomato Ketchup  
Vegetable Fingers (V)  
Served with Oven Chips,  
Garden Peas, Baked Beans  
Tomato Pasta  
Famous Fruity Friday

Choice of Freshly Baked Bread, Salad Bar, Fresh Fruit, Fruit Yoghurt, Jelly and Water.