



**FIT CURRICULUM LINKS**

**Mind and Body Workout— To understand about the parts of the human body and where they are located and which part is associated with each sense.**



**Expert Vocabulary**

<b>senses</b>	Senses allow us to observe and understand the world around us. There are 5 main senses: sight, touch, smell, taste and hearing.
<b>taste</b>	To try or test the flavour of something by taking some into the mouth. Flavours can be sweet, sour, bitter or salty and can be tasted using taste buds on the tongue.
<b>sight</b>	Being able to see using the eyes.
<b>hearing</b>	The act of taking in sound through the ears. The sense by which a person hears.
<b>touch -</b>	To put your hands or fingers on something in order to feel. We touch using our fingers and skin. We can feel things that are hot and cold and experience pressure and vibrations.
<b>smell - nose</b>	To sense the odour or scent of something using our nose.

**V.I.P**



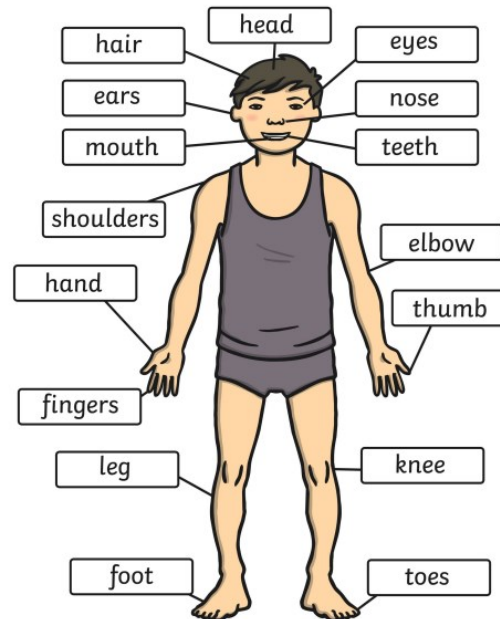
**Elizabeth Garrett Anderson**

June 1836 - December 1917

English physician

Anderson was the first woman to qualify in Britain as a physician and surgeon.

**Key Information**



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**What can you hear?**

barking, bellowing, cheeping, chirping, clattering, clicking, deafening, moaning, piercing, quiet, racket, roaring, rustling, scratching, screeching, shouting, singing, snarling, squawking, wailing, whining

**What does it feel**

abrasive, bumpy, bushy, cold, craggy, cushioned, dry, flat, hot, prickly, rough, scaled, silky, slimy, smooth, sodden, spiky, spongy, velvety, waxy, wet

**What does it**

appetising, bitter, bland, creamy, dry, fishy, flavoursome, foul, fruity, greasy, pungent, salty, seasoned, sharp, sour, spicy, sugary, sweet, tangy, tart

**What can you hear?**

aromatic, deodorised, fishy, flowery, fresh, heady, minty, musty, nauseating, short

**What can you see?**

big, blue, fat, green, long, orange, pink, purple, red, small, spotty, stripey, tall, thick, thin, white, yellow